

# How to Alleviate Global Poverty: Three Ways You Can Help

## **Nearly eight million people live on less than \$2 a day.**

Compared to that, most of us in North America are wealthy beyond belief. For those of us living in well-developed countries, it can be difficult to fully grasp what the daily lives of many impoverished families in developing nations look like.

The day-to-day struggle just to survive is not a battle that many of us have been forced to fight.

## **The Situation**

The reality is that poverty affects every aspect of life.

Low-income families are the most likely to suffer from persistent undernutrition, which is responsible for almost half of child deaths worldwide. Experiencing chronic hunger leads children to perform poorly in school or causes them to drop out entirely, preventing them from getting the education they need to help lift their families out of destitution.

And so the cycle continues.

Operating from the mindset of scarcity that comes with living in perpetual poverty may lead to desperation on the parents' part, as they are trying their best to care well for their children in the face of hardship. Often, such desperation breeds devastatingly poor decision making such as sacrificing one child to human traffickers so others may live off of the income. In some sub-Saharan African countries, children feel the need to volunteer themselves as soldiers in order to provide for their parents or siblings. Many children in South Asia are involved in factory work in the fastfashion industries that employ them for mere pennies a day

Even if the children are spared these fates, the health issues brought on by living in unclean homes without proper hygiene often claim their lives anyway. Knowing the immense problem that these tragedies pose to communities all over the world, Send Relief is working tirelessly to prevent, reverse and overcome global poverty through community development.

We work with people where they are, with what they have. This type of community-centered development process helps alleviate global poverty one person, family, community, village, and city at a time.

# How to Help

1. Pray for those trapped in the cycle of poverty. Prayer Guides and other resources are available at [SendRelief.org](https://SendRelief.org). Your prayers will transform the life of a child, a family, or even an entire community!
2. Volunteer at homeless shelters, rehabilitation centers, food banks, and more in your own community. You can also invest in the lives of those who need it most by volunteering at Send Relief Ministry Centers. By putting actions to your words, you will be a powerful example of what empathy in action looks like! This hands-on experience will also help paint a clearer picture of what exactly is contributing to poverty in your area, so that you can better understand how to fight it on behalf of your brothers and sisters in need.
3. Give to Send Relief's job skills and agriculture trainings or directly to Global Hunger Relief! Education is pivotal in the lives of those who are unable to attend class or trade schools growing up. Providing them with the job skills they need to make a living could change the trajectory of their lives by ensuring that they have a consistent way to provide for themselves and their children. For those living in farming communities, agriculture training helps them learn how to properly care for their soil and crops in such a way that they will have healthy produce every year! This provides not only a stable, safe way to make money, but also a way to keep food on their own tables. Finally, hunger itself is often the perpetrator of poverty, so giving towards a food box or project lets a family know that regardless of other volatile circumstances, they will have something to eat this week.

## Imitating Jesus

Jesus came to comfort the outcasts and the poor in spirit. The company He kept was not typical of the religious leaders of His day or ours—prostitutes, thieves, and corrupt government workers; the list could go on. Let us not forget what “pure religion” is: caring for orphans and widows, the unseen, the least of these, the overlooked, the untouchables.

This is our family.

These are our people.

### How will you care for them today?

“Listen, my dear brothers and sisters: Didn’t God choose the poor in this world to be rich in faith and heirs of the kingdom that he has promised to those who love him?” - James 2:5

**SendRelief.org**



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