

How to Be a Freedom Fighter: Four Ways to Fight Human Trafficking

There are more people enslaved today than there were at the height of the trans-Atlantic slave trade.

The Situation

While most of the focus on the news tends to veer towards women and girls, it is important to remember that men and boys are also exploited in this industry, too. In fact, according to many recent studies, males make up nearly half of trafficking victims. The difference lies in how men and women are exploited. More men are affected by labor trafficking, while more women are trapped in sex trafficking—both are abusive toward bodies and corrosive toward souls. The men and women who survive these experiences are severely, permanently impacted by the prolonged trauma that they have endured. Young girls do not dream of growing up to be abused and discarded every day. Young boys do not dream of living their lives as indentured men without independence.

Tragic circumstances made them feel that this path was their only way forward, or they were manipulated and coerced by abusers.

40.3 MILLION

MEN, WOMEN, AND CHILDREN ARE BRUTALIZED AND DEVALUED.

How to Help

1. Prayer Guides and other resources are available at SendRelief.org.
2. This may come as a surprise since fundraising is so vital to supporting safe homes for survivors, but get educated! The best way to be active about fighting trafficking is by learning about the issue so that you can share the signs and dangers with others. What better way to combat an industry conducted in the shadows than to bring it into the light? So do your research! There are many resources available to you online, including Send Relief's Human Trafficking page. There are many resources available to you online, including Send Relief's [**How to Fight Human Trafficking video course**](#).
3. Pack backpacks for human trafficking survivors! Volunteering your money and time to ensure the wellbeing of survivors after they have been rescued is an amazing way to make a difference.
4. **Become a regular supporter of Send Relief's anti-trafficking efforts!** You can provide safe homes, nutritious meals, education opportunities, medical treatment, and job training for survivors in need of a fresh start at life. Your time, prayers, and gifts make such a difference, and when it comes to slavery, there's no time to waste.

Imitating Jesus

Luke 4:18 says, "The Spirit of the Lord is on me, because he has anointed me to preach good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to set free the oppressed..." Advocating for prisoners' freedom. Fighting for the oppressed. That is how we know that the Spirit is in and with us. Isaiah 1:17 instructs that we are to "Learn to do what is good. Pursue justice. Correct the oppressor"— seeking justice for these men and women cannot be done in isolation. They need you to learn about who and what is keeping them enslaved. They need you to support the safe houses that are offering refuge. They need you to pray for immediate and permanent change.

Will you be a freedom fighter?

"Provide justice for the needy and the fatherless; uphold the rights of the oppressed and the destitute." - Psalm 82:3

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