

# How to Protect Children and Families: Essential Steps and Prayer Guide

All over the world, children living in crisis face exploitation, abuse, and neglect on a regular basis. They are discriminated against, targeted, and often ridiculed. Whether it be widows on the brink of starvation or children denied access to basic human rights, you have the power to interrupt generational cycles and empower those in need to not just survive, but to thrive in this lifetime through your prayers. Here are some ways you can pray for this overlooked population.

## PRAY FOR:

### Children

- Safe, loving homes where abandoned kids can heal and grow
- The ability to form healthy attachments and relationships with foster and adoptive families
- A strong support system for older youth who may be aging out of orphanages or the foster care system

### Families

- Single-parent families in the U.S. to be financially stable and have support from local believers in their parenting journey
- Widows overseas who often experience social ostracization to find community
- Healing for the families who have lost siblings and parents to disease, poverty, or neglect

### The Church

- Congregations to welcome and support adoptive and foster families in their journeys
- Members to offer practical financial and emotional support as they undergo the adoptive process
- Open hearts and homes willing to offer vulnerable children safety and nurturing

### Cultural Shifts

- The countries whose societal structures put orphans and widows at a disadvantage
- Children in the foster care system to experience stable and loving homes
- Workers in Child Protective Services and adoption centers to not grow weary and overwhelmed

*“Speak up for those who have no voice, for the justice of all who are dispossessed. Speak up, judge righteously, and defend the cause of the oppressed and needy.” – Proverbs 31:8-9, CSB*

Discover ways to protect children and families at **[SendRelief.org](https://SendRelief.org)**